

## Content List of First Aid/Medical Kits

### **Model EFA1 – Recreational**

The **EFA1** is the smallest of the range and as such has been designed to carry the bare essentials.

Will effectively small burns and minor wounds.

This kit is carry-on luggage safe for travellers (i.e. it does not contain any items that are not approved by airport security) and features a clip that customers can use to clip into larger first aid kits or even attach to their belt, hand bag or back pack.

140mm X 110mm X 20mm. 55gm.

#### Contents:

- Emergency action card
- Antiseptic wipes X2
- Sterile gauze swabs X2
- Cotton tips
- Iodine swabs X3
- Elastic gauze bandage (5cmX4m)
- Flexible active strips X10
- Knuckle dressing
- Absorbent non-adherent dressing (7.2X5cm) X2
- Burn aid gel sachet

## Model EFA2 – Recreational

The **EFA2** is a perfect kit for overseas travellers or those who require a kit for specific activities.

The **EFA2** contains a more extensive inventory designed for treating mild to serious abrasions, cuts, bites, sprains and strains. It is possible to irrigate eyes and wounds with this kit. Includes instructions and items necessary to treat snake bite

The **EFA2** has a substantial bag which makes it ideal for customization.

210 mm X 150mm X 60mm. 275gm.

### Contents:

- Contents booklet
- Emergency action card
- First aid booklet
- Protective gloves
- Antiseptic wipes X4
- Tweezers
- Safety pins X2
- Scissors
- Sterile gauze swabs X4
- Cotton tips X2
- Iodine swabs X3
- Normal saline 30ml
- Curved sterile irrigation syringe (10ml)
- Elastic gauze bandage (5cmX4m)
- Elastic gauze bandage (7.5cmX4m)
- Crepe bandage 10cm heavy
- Flexible active strips X10
- Knuckle dressing X2
- Absorbent non-adherent dressing (7.2X5cm) X2
- Triangle bandage
- Burn aid gel sachet
- Open weave adhesive dressing (10X25cm)

## Model EFA3—Professional

The **EFA3** is a comprehensive first aid kit perfect for serious weekend travellers. It has a similar layout to the EFA2, but is larger.

Compact Versatile and filled with vital equipment the **EFA3** allows you to be prepared for a variety of situations ranging from snakebites (includes instructions), eye injuries, blisters and burns. This kit is ideal for customization.

210mm X 160mm X 65 mm. 355gm.

### Contents:

- Contents booklet
- Emergency action note book
- First aid booklet
- Protective gloves
- CPR face shield
- Antiseptic wipes X4
- Plastic biohazard bag
- Biohazard sticker
- Tweezers
- Safety pins X2
- EMT shears
- Pencil
- Sterile gauze swabs X4
- Cotton tips X3
- Iodine swabs X4
- Normal saline 15ml x 2
- Curved sterile irrigation syringe (10ml)
- Combine trauma dressing
- Soap X2
- Sterile wound closure strips X2
- Tincture benzoin swab stick
- Elastic gauze bandage (5cmX4m)
- Elastic gauze bandage (7.5cmX4m)
- Crepe bandage 10cm heavy
- Flexible active strips X10
- Knuckle dressing X2
- Absorbent non-adherent dressing (7.2X5cm) X2
- Waterproof dressing (6X7cm) X3
- Waterproof dressing (10X12cm)
- Eye pads
- Triangle bandage
- Adhesive tape
- Burn aid gel sachet
- Open weave adhesive dressing (10X25cm)
- Moist burn pad (10X10cm)

## Model EFA4— Professional

The PRO 3 is designed for large groups spending long periods in remote environments on land or at sea.

This extensive first aid kit contains the wish list of quality medical items as preferred by our Wilderness Medicine Institute Instructors (doctors, nurses & paramedics). This kit is suitable for expeditions, world sailing and remote worksites.

Will treat all first aid situations for large groups whom are away from medical care for a lengthy period. Includes instructions and items for treating snake bite

290mm X 170mm X 125mm. 900gm.

### Contents:

- Contents booklet
- Emergency action note book
- First aid booklet
- Protective gloves X4
- CPR face shield
- Antiseptic wipes X4
- Plastic biohazard bag
- Biohazard sticker
- Tweezers
- Safety pins X3
- EMT shears
- Pencil
- Splinter probe
- Thermometer
- Sterile gauze swabs X6
- Cotton tips X6
- Iodine swabs X6
- Normal saline 15ml X4
- Curved sterile irrigation syringe (10ml)
- Combine trauma dressing X2
- Soap X2
- Sterile wound closure strips X3
- Tincture benzoin swab stick X3
- Paw paw ointment
- Elastic gauze bandage (5cmX4m)
- Elastic gauze bandage (7.5cmX4m)
- Crepe bandage 10cm light
- Crepe bandage 10cm heavy
- Flexible active strips X20
- Knuckle dressing X2
- Finger tip dressing X2
- Absorbent non-adherent dressing (7.2X5cm) X3

- Absorbent non-adherent dressing (10X8cm) X2
- Waterproof dressing (6X7cm) X4
- Waterproof dressing (10X12cm) X2
- Waterproof island dressing X2
- Eye pads X2
- Triangle bandage X2
- Adhesive tape
- Athletic tape
- Burn aid gel sachet
- Open weave adhesive dressing (10X25cm) X2
- Moist burn pad (10X10cm)
- Hydro gel dressing
- Foam adhesive support (10cm)
- Aloe vera
- Thermal blanket
- BiteAway - for the treatment of insect bites and stings